



Client Initial Intake Form

Basic Information

Name: _____ Birthdate: _____ Gender: Male Female

Address: _____ City: _____ State: _____ Zip Code: _____

Phone: Home (____) _____ Cell (____) _____ Cell Provider _____

Occupation: _____ How Would you like to be notified of appointments? Circle One: Text E-mail Both

Marital Status: _____ Number of Children: _____ Primary care Physician: _____

Email Address: _____ Best Way to Contact: Mail Phone Email

Emergency Contact Information

Name: _____ Phone: (____) _____ Relationship: _____

Primary Complaint(s) *(Please list major symptoms and concerns):* _____

Secondary Complaint(s) _____

Are you currently experiencing pain as a result of these symptoms? Yes No

If yes, please describe the pain: _____

When did the pain begin? _____

Past Medical History *(Please list any and all medical conditions, dates of occurrence & treatments. Include surgeries, accidents and other traumas. Etc.*

List of Allergies/Sensitivities _____

Have you taken Antibiotics in the past six months? **Yes** **No**

Medical Information – Please list all medications and supplements and their intended use

<i>Medications and Supplements</i>	<i>Intended Use</i>	<i>Dose</i>	<i>Effectiveness</i>

Family History- Please list any and all diseases / conditions that run in your family: _____

Please Check All that Apply to you personally in the last 6 months:

- | | | |
|---|--|--|
| <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Addiction | <input type="checkbox"/> Irritability | <input type="checkbox"/> Circulatory Problems |
| <input type="checkbox"/> Alcohol Use – Freq:
_____ /wk | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Anxiousness | <input type="checkbox"/> Low Blood Sugar | <input type="checkbox"/> Epilepsy/Seizures |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Lower Back Pain | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Muscle Stiffness | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Breathing Difficulty | <input type="checkbox"/> Nausea | <input type="checkbox"/> Insulin Pump |
| <input type="checkbox"/> Broken Bones/Fractures | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Joint Replacement |
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Non Rx Drug Use:
Freq. _____ /wk | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Chills / Fever | <input type="checkbox"/> Numbness | <input type="checkbox"/> Limited Use of Limbs /
Paralysis |
| <input type="checkbox"/> Cold Hands / Feet | <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Liver Disease |
| <input type="checkbox"/> Colitis | <input type="checkbox"/> Poor Coordination | <input type="checkbox"/> Lung Disease |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Problems Eating | <input type="checkbox"/> Metal Implants |
| <input type="checkbox"/> Cramping in: | <input type="checkbox"/> Rectal Pain | <input type="checkbox"/> Migraine Headaches |
| <input type="checkbox"/> Cystic Tumors | <input type="checkbox"/> Relationship Changes | <input type="checkbox"/> Neurological Problems |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Sinus Trouble | <input type="checkbox"/> Osteoporosis/Osteopenia |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Skin Eruptions | <input type="checkbox"/> Pacemaker/Defibrillator |
| <input type="checkbox"/> Difficulty Concentrating | <input type="checkbox"/> Sore Throat / Cough | <input type="checkbox"/> Pregnancy |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Swollen Ankles | <input type="checkbox"/> Sciatic Pain |
| <input type="checkbox"/> Excessive PMS | <input type="checkbox"/> Thoughts of Suicide | <input type="checkbox"/> Spinal Problems |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Too Much / Too Little
Sleep | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Thyroid Issues |
| <input type="checkbox"/> Frequent Colds | <input type="checkbox"/> Weakness in: | <input type="checkbox"/> <input type="checkbox"/> Hyper |
| <input type="checkbox"/> Genital Trouble | <input type="checkbox"/> _____ | <input type="checkbox"/> <input type="checkbox"/> Hypo |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Tension in Neck and
Shoulders |
| <input type="checkbox"/> Health Complications | <input type="checkbox"/> Weight Loss | |
| <input type="checkbox"/> Heart Palpitations | | |

Have you ever consulted with any of the following:

- | | | | |
|---|---------------------------------------|--|--|
| <input type="checkbox"/> Iridologist | <input type="checkbox"/> Chiropractor | <input type="checkbox"/> Reflexologist | <input type="checkbox"/> Massage Therapist |
| <input type="checkbox"/> Medical Doctor | <input type="checkbox"/> Nutritionist | <input type="checkbox"/> Life / Wellness Coach | <input type="checkbox"/> Psychiatrist |
| <input type="checkbox"/> Physical Therapist | <input type="checkbox"/> Rolfer | <input type="checkbox"/> Acupuncturist | <input type="checkbox"/> Doctor of Naturopathy |

Any Other Specialists

How did you hear about us? Check all that apply:

- | | |
|---|---|
| <input type="checkbox"/> Friend:
Who can we thank? _____ | <input type="checkbox"/> Internet Search / Thrive website |
| <input type="checkbox"/> Driving By | <input type="checkbox"/> Yelp |
| <input type="checkbox"/> Event _____ | <input type="checkbox"/> Newspaper |
| <input type="checkbox"/> Natural Awakenings | <input type="checkbox"/> Television |
| <input type="checkbox"/> Practitioner of Thrive: _____ | <input type="checkbox"/> Radio |
| <input type="checkbox"/> Facebook | <input type="checkbox"/> House of Nutrition |
| | <input type="checkbox"/> Other _____ |

What topics are you most interested in learning more about?

- | | | |
|--------------------------------|--------------------------|-----------------|
| Acupressure/Acupuncture TCM | Lyme Support | Reflexology |
| Aromatherapy/Essential Oils | Magnetic Therapy (PEMF) | Reiki |
| Detoxification | Massage | Sound Therapy |
| Holistic Medicine | Meditation | Supplements |
| Holistic Certification Classes | Metabolic Reboot | Tai Chi/Qi Gong |
| Homeopathy | Nutrition | Weight Loss |
| Hypnosis | Organic Skincare/Facials | Yoga |
| Iridology | Past Life Regression | |
| Life Coaching | Raw Foods/Juicing | |

I verify that, to my knowledge, all of the information listed above is accurate.

Signature: _____ **Date:** _____



Client Privacy Acknowledgement

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my health information. I understand that this information can and will be used to:

- ▲ Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved directly and indirectly in that treatment.
- ▲ Obtain payment from third-party payers (if applicable).
- ▲ Conduct normal healthcare operations such as quality assessments and practitioner certifications (if applicable).

I have been informed by Thrive Wellness Center, LLC of the *Notice of Privacy Practices* containing a more complete description of the uses and disclosures of my health information. I have been given the right to review such *Notice of Privacy Practices* from time to time and that I may contact this organization at any time to obtain a current copy of the *Notice of Privacy Practices*.

I understand that I may request in writing that you may restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand Thrive Wellness Center, LLC is not required to agree to my requested restrictions, but if Thrive Wellness Center, LLC does agree then Thrive Wellness Center, LLC is bound to abide by such restrictions.

I understand that I may revoke this consent in writing at any time, except to the extent that Thrive Wellness Center, LLC has taken action relying on this content.

Client / Guardian: _____

Signature: _____

Date: _____



647 N. Wyoming Ave, Kingston, PA
570.283.0111

Guidelines for Treatment
HOLISTIC HEALTHCARE & NUTRITION CONSULTATIONS

Services Offered: Holistic Healthcare and Nutritional Consultations utilize Asian and European traditional evaluation techniques. Techniques can include but are not limited to analysis of the tongue, fingernails, pulse, Japanese Hara, and iridology (analysis of the iris). Treatments suggested may include change in diet, juicing, cleansing, and the use of vitamins, supplements, and/or homeopathic remedies aimed at supporting and strengthening the body's natural abilities to heal itself.

Note: Certified Holistic Healthcare Practitioners are not licensed medical doctors. The techniques, analyses, and evaluations utilized during a Holistic Healthcare Examination are not considered medical diagnoses. For a medical diagnosis for any concerns, please see your physician.

Office Hours: Hours are available by appointment

Emergencies: In cases of urgent need, please call our main phone number. If it is after hours, please leave a message and a staff member will return your call the next business day. If you are experiencing a medical emergency, seek immediate medical treatment.

Missed Appointments: If an appointment needs to be cancelled or rescheduled, please make an arrangement 24 hours in advance free of charge. If you give 12 hours notice, you will be charged half the price of your service. If you don't call to notify us and/or don't show to your appointment, you will be charged the full amount of your service.

Prior to Your Appointment: For an initial appointment, please arrive 15 minutes early in order to fill out the initial paperwork. Do not eat or drink anything (except water) for an hour prior to any appointment. Please avoid wearing makeup or nail polish, if possible.

I have read and understand the above guidelines, and agree to the following:

I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile, and understand that there shall be no liability on the practitioner's part should I forget to do so.

Signature: _____

Date: _____



THRIVE WELLNESS CENTER
CANCELLATION POLICY

Please be considerate of our practitioners time by honoring our cancellation policy:

Thrive Wellness Center asks that you give 24-hour notice prior to cancelling your appointment. If client does NOT provide at least 24-hour notice, a \$25 cancellation fee will be charged to the card on file. If no card is on file, a bill will be sent to the client's address. We understand emergencies occur and are happy to grant a one-time pass for extenuating circumstances.

I have reviewed and understand the cancellation policy.

Client Signature _____

Date _____

THRIVE WELLNESS CENTER
NO CALL / NO SHOW POLICY

100% of service price will be charged to the card on file for each No Call/No Show appointment. If no card is on file, a bill will be sent to the client's address. We understand emergencies occur and are happy to grant a one-time pass for extenuating circumstances.

I have reviewed and understand the No Call/No Show policy.

Client Signature _____

Date _____