

Reflexology Program

Live Online

Starting Saturday, April 24, 2021

Certification Program and Continuing Education

Perfect for Massage Therapists, Nurses, Child Care Providers, Geriatric Care, and New Aspiring Reflexologists!

**CALL THRIVE TO PRE-REGISTER AND RESERVE YOUR SPACE TODAY!
570-283-0111**

April 24, 2021, Saturday, 10am to 3pm

Level I

Introduction to Reflexology

This course includes reflexology theory, history, zone therapy, meridians, map of reflexes and foot and hand structure. 1 hours of hands-on to learn reflexology grip and techniques. One hour on business ethics and standards. Twenty hours of unsupervised documented practical sessions.

May 8, 2021, Saturday, 10am to 3pm

Level II

Reflexology and Aromatherapy

This course includes reflexology theory, history, zones, meridians, relaxation response, and body systems related to reflexology. Introduction to aromatherapy, its benefits, safety guidelines and practical applications will be discussed. A practical session is discussed including the application of essential oils on reflex points. Business standards, local/state laws and ordinances pertaining to the practice of reflexology is also included.

May 22, 2021, Saturday, 10am to 3pm

Level III

Reflexology and Acupressure

This course includes body systems as related to reflexology, leg and foot structure, hands-on palpations, and map of reflexes as they are anatomically reflected on the feet. Practical use of hot stones for reflexology is discussed and practical sessions for four hours. Business standards and ethics pertaining to the practice of reflexology is also included.

June 5, 2021, Saturday, 10am to 3pm

Level IV

Reflexology Clinical

Required for Certification with the *ANHA

This live online hands-on class is to satisfy the requirements of documented practical sessions required by *ANHA for certification. The student may schedule clients for the day. The student may invite friends and/or family to be their client and/or can record by way of video their cases.

Basic Certification requires Levels 1 and 4. Advanced Certification requires all levels.

See our You Tube Video about Reflexology

<https://www.youtube.com/watch?v=dvrOT8okxlc&t=2s>

Special Reduced Fee: \$195 for each level

CE credits for NCBTMB Board Certification Renewal offered for:

Reflexology Level 1 combined with Reflexology Level 4
(Spa Bodyworker IV, Reflexology 8 CE credits)

Reflexology Level 2 combined with Reflexology Level 4
(Reflexology with Aromatherapy, 7 CE credits)

Reflexology and Aromatherapy Level 2 combined with Reflexology Level 4
(Spa Bodyworker I, Acupressure I, 8 CEs)

***American Naturopathic and Holistic Association (ANHA) is a peer reviewed organization for professional health care practitioners and natural health care training institutions.**

Qualify and test for the American Reflexology Certification Board, the highest standard of credentials in reflexology recognized throughout the United States.

The American Reflexology Certification Board is a non-profit corporation, an independent testing agency whose primary purpose is to certify the competency of those Reflexologist who practice on a professional level and wish to be recognized as meeting national standards. Certification by ARCB distinguishes the professional; setting apart and bringing credibility to the practitioner committed to excellence.

The Washington Institute teaches continuing education classes and a certificate program in Holistic Health in Maryland.

The Maryland Higher Education Commission (MHEC) has reviewed the Washington Institute's classes and has determined that the Washington Institute of Natural Medicine can teach classes in Maryland.

District of Columbia General Business Licensed with the following endorsements: Education Services, Apprenticeship Training, Exam Preparation and Tutoring, Educational Support Services

**Approved for continuing education through the
American Alternative Medical Association**

**Accredited by the
American Association of Drugless Practitioners**

Regular \$225.00 (5 CE units/each level)

Thrive Wellness Center
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<http://www.thrivewellnesscenters.com>