



## **Master Herbalist Certification Program**

### **Offered through the Washington Institute of Natural Medicine**

**Master of Herbal Medicine Level 1:** System Affinity and Terminology as related to herbs and essential oils. The study of history and philosophy of Western Herbal Medicine including medical, herbal, and botanical terminology. The student will learn how to use essential oils and herbal remedies safely. Ailments of the Digestive system, Circulatory system and Respiratory system will be discussed.

**Master of Herbal Medicine Level 2:** Detoxification: In-depth study of detoxification to rid the body of pollutants, Candida albicans and parasites. System affinity of herbs continued.

**Master of Herbal Medicine Level 3:** Phytochemistry/Research: The study of herbal phyto-chemistry of several most popular healing herbs, their uses, ratings, safety issues, dosage, and research behind the plant. Herbal treatments will be discussed for over several medical conditions including: cancer, migraines, chronic fatigue syndrome, diabetes, and arthritis.

**Master of Herbal Medicine Level 4:** Eastern Medicine Traditional Chinese Medicine is the second- largest medical system in the world after Western Medicine. The student will learn how use Tongue Analysis and Hara Analysis. Ayurvedic Medicine, the traditional medical system of India, is the third largest medical system in the world. The study of these ancient methods of healing will help incorporate ancient knowledge to modern herbal medicine.

**Master of Herbal Medicine Level 5:** Plant Identification/Harvesting: A detailed study of botany in relation to herbal medicine, plant anatomy, identifying, cultivating and harvesting herbs. Students will learn how to make their own herbal remedies, including healing balms, lotions, teas, syrups, oils, tinctures, and more. We'll also discuss the entire process of preparing herbal medicines at home, from methods of growing, gathering, and drying herbs, to different ways of extracting their vital essences. Students will be expected to send in a sample of a homemade remedy during their final grading.

**Master of Herbal Medicine Level 6:** Vitamin/Drug/Herb Interaction - Students will learn how to avoid making mistakes when using natural supplements and common medications together. The A-Z guide will teach students which drugs can deplete the body's essential nutrients, which help prescriptions work better, or reduce drug side effects, and which herbs and drugs should never be taken together.

**Master of Herbal Medicine Level 7:** Business Procedures Jurisprudence: Students will learn how to set up their own practice and how to avoid legal complications. Standard disclaimer forms will be presented, which should be used while practicing any aspect of herbal medicine.

**Master of Herbal Medicine Level 8:** Case Studies practical consultation with five individuals, write up each case and document recommendations.

**Completion of this program also requires Anatomy and Physiology and Holistic Nutrition Level II.**



## 2021 Course Schedule

### Master Herbalist Practitioner Certification

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#### Master Herbalist Class Dates:

Requirement 1	Anatomy & Phys. 5/16 and 5/23 (10am-1pm)
Requirement 2	Principals of Nutrition – 6/27 (1pm-6pm)
Level 1:	Sundays, 7/11, 7/18
Level 2:	Sundays, 8/8, 8/15
Level 3:	Sundays, 9/12, 9/19
Level 4:	Sundays, 10/10, 10/17
Level 5:	Sundays, 11/14, 11/21
Level 6:	Sundays, 12/5, 12/12
Level 7:	Sundays, 1/9, 1/16
Level 8:	Clinical Practice Dates TBD

**Completion of this program requires Anatomy and Physiology and Holistic Nutrition Level II.**

Half day classes run from 5:30-8:30pm unless specified otherwise. For CEU's each level includes 7 Contact Hours and 4 Homework Hours. After completion of this program and submission of the written exam the student will receive a certificate from the American Naturopathic and Holistic Association through the Washington Institute of Natural Medicine, Washington D.C. The student must complete all levels, turn in all homework and complete a take home exam to receive certification. Each level is an independent module; therefore, the student may take classes out of sequence.

**Monthly Payments: Individual Course Fee: \$425.00**

**One-time Payment: Full Master Herbalist Certification: \$3,750.00 (Save \$500)**

### Master Herbalist Student

#### Starter Kit - \$275

Includes

All Books for Master Herbalist Certification  
Herbal Muscle Testing Kit