



Client Initial Intake Form

Basic Information

Name: _____ Birthdate: _____ Gender: Male Female

Address: _____ City: _____ State: _____ Zip Code: _____

Phone: Home (____) _____ Cell (____) _____ Cell Provider _____

Occupation: _____ How Would you like to be notified of appointments? Circle One: Text E-mail Both

Marital Status: _____ Number of Children: _____ Primary care Physician: _____

Email Address: _____ Best Way to Contact: Mail Phone Email

Emergency Contact Information

Name: _____ Phone: (____) _____ Relationship: _____

Primary Complaint(s) *(Please list major symptoms and concerns):* _____

Secondary Complaint(s) _____

Are you currently experiencing pain as a result of these symptoms? Yes No

If yes, please describe the pain: _____

When did the pain begin? _____

Past Medical History *(Please list any and all medical conditions, dates of occurrence & treatments. Include surgeries, accidents and other traumas. Etc.*

List of Allergies/Sensitivities _____

Have you taken Antibiotics in the past six months? **Yes** **No**

Medical Information – *Please list all medications and supplements and their intended use*

<i>Medications and Supplements</i>	<i>Intended Use</i>	<i>Dose</i>	<i>Effectiveness</i>

Family History- *Please list any and all diseases / conditions that run in your family:* _____

Please Check All that Apply to you personally in the last 6 months:

- | | | |
|---|--|--|
| <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Addiction | <input type="checkbox"/> Irritability | <input type="checkbox"/> Circulatory Problems |
| <input type="checkbox"/> Alcohol Use – Freq:
_____ /wk | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Anxiousness | <input type="checkbox"/> Low Blood Sugar | <input type="checkbox"/> Epilepsy/Seizures |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Lower Back Pain | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Muscle Stiffness | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Breathing Difficulty | <input type="checkbox"/> Nausea | <input type="checkbox"/> Insulin Pump |
| <input type="checkbox"/> Broken Bones/Fractures | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Joint Replacement |
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Non Rx Drug Use:
Freq. _____ /wk | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Chills / Fever | <input type="checkbox"/> Numbness | <input type="checkbox"/> Limited Use of Limbs /
Paralysis |
| <input type="checkbox"/> Cold Hands / Feet | <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Liver Disease |
| <input type="checkbox"/> Colitis | <input type="checkbox"/> Poor Coordination | <input type="checkbox"/> Lung Disease |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Problems Eating | <input type="checkbox"/> Metal Implants |
| <input type="checkbox"/> Cramping in: | <input type="checkbox"/> Rectal Pain | <input type="checkbox"/> Migraine Headaches |
| <input type="checkbox"/> Cystic Tumors | <input type="checkbox"/> Relationship Changes | <input type="checkbox"/> Neurological Problems |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Sinus Trouble | <input type="checkbox"/> Osteoporosis/Osteopenia |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Skin Eruptions | <input type="checkbox"/> Pacemaker/Defibrillator |
| <input type="checkbox"/> Difficulty Concentrating | <input type="checkbox"/> Sore Throat / Cough | <input type="checkbox"/> Pregnancy |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Swollen Ankles | <input type="checkbox"/> Sciatic Pain |
| <input type="checkbox"/> Excessive PMS | <input type="checkbox"/> Thoughts of Suicide | <input type="checkbox"/> Spinal Problems |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Too Much / Too Little
Sleep | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Thyroid Issues |
| <input type="checkbox"/> Frequent Colds | <input type="checkbox"/> Weakness in: | <input type="checkbox"/> <input type="checkbox"/> Hyper |
| <input type="checkbox"/> Genital Trouble | <input type="checkbox"/> _____ | <input type="checkbox"/> <input type="checkbox"/> Hypo |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Tension in Neck and
Shoulders |
| <input type="checkbox"/> Health Complications | <input type="checkbox"/> Weight Loss | |
| <input type="checkbox"/> Heart Palpitations | | |

Have you ever consulted with any of the following:

- | | | | |
|---|---------------------------------------|--|--|
| <input type="checkbox"/> Iridologist | <input type="checkbox"/> Chiropractor | <input type="checkbox"/> Reflexologist | <input type="checkbox"/> Massage Therapist |
| <input type="checkbox"/> Medical Doctor | <input type="checkbox"/> Nutritionist | <input type="checkbox"/> Life / Wellness Coach | <input type="checkbox"/> Psychiatrist |
| <input type="checkbox"/> Physical Therapist | <input type="checkbox"/> Rolfer | <input type="checkbox"/> Acupuncturist | <input type="checkbox"/> Doctor of Naturopathy |

Any Other Specialists

How did you hear about us? Check all that apply:

- | | |
|---|---|
| <input type="checkbox"/> Friend:
Who can we thank? _____ | <input type="checkbox"/> Internet Search / Thrive website |
| <input type="checkbox"/> Driving By | <input type="checkbox"/> Yelp |
| <input type="checkbox"/> Event _____ | <input type="checkbox"/> Newspaper |
| <input type="checkbox"/> Natural Awakenings | <input type="checkbox"/> Television |
| <input type="checkbox"/> Practitioner of Thrive: _____ | <input type="checkbox"/> Radio |
| <input type="checkbox"/> Facebook | <input type="checkbox"/> House of Nutrition |
| | <input type="checkbox"/> Other _____ |

What topics are you most interested in learning more about?

- | | | |
|--------------------------------|--------------------------|-----------------|
| Acupressure/Acupuncture TCM | Lyme Support | Reflexology |
| Aromatherapy/Essential Oils | Magnetic Therapy (PEMF) | Reiki |
| Detoxification | Massage | Sound Therapy |
| Holistic Medicine | Meditation | Supplements |
| Holistic Certification Classes | Metabolic Reboot | Tai Chi/Qi Gong |
| Homeopathy | Nutrition | Weight Loss |
| Hypnosis | Organic Skincare/Facials | Yoga |
| Iridology | Past Life Regression | |
| Life Coaching | Raw Foods/Juicing | |

I verify that, to my knowledge, all of the information listed above is accurate.

Signature: _____ **Date:** _____