



thrive

wellness center

647 Wyoming Ave. ~ Kingston, PA 18704

570.283.0111

Services

Holistic Wellness:	Price	Duration
Integrative Wellness Exam	\$150-200	90
Heavy Metal/Mineral Hair Analysis Testing	\$145	15
Iridology Wellness Consultation	\$90	75
Children's Wellness Exams up to age 15	\$90	75
Nutritional Muscle Response Testing	\$75	60
Detoxifying Ionic Foot Bath	\$45	30
Ear Candling	\$45	30
Basic Wellness Visit	\$45	30

P.E.M.F. (Pulsed Electro-Magnetic Field):

P.E.M.F. Single Session	\$45	15
P.E.M.F. Demo (First Time Trial)	\$25	10

Nutrition and Weight Loss:

Nutrition Consultation - First Visit	\$90	75
Metabolic Reboot Workshop	\$50	28 Days

Traditional Chinese Medicine (TCM):

Acupressure with TCM Consultation	\$200	90
Children's Acupressure	\$125	75
Acupressure Follow Up	\$95	60
Children's Acupressure Follow Up	\$75	45
Shiatsu Deep Tissue Bodywork	\$80	60

Emotional and Lifestyle Support:

Reiki	\$65	60
Meditation Coaching	\$65	60
Past Life Regression	\$100	90

Massage and Bodywork: (90 & 120 min services also available)

Raindrop Technique/Massage Combo	\$110	90
Hot Stone Massage	\$85	60
Ashiatsu Oriental Bar Therapy	\$80	60
Deep Tissue Massage	\$80	60
Therapeutic Massage	\$75	60
Specialty: Sports, Oncology, Lymphatic	\$75	60
Swedish Massage	\$65	60
Neck and Back	\$45	30
Reflexology	\$45	30
Aromatherapy Enhancement	\$10	

Holistic Pregnancy Services:

Prenatal, Postnatal, Induction Massage	\$75	60
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Organic Skincare:

Customized Organic Facial	\$85	60
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For Service Descriptions or to Schedule an Appointment Call 570-283-0111 or Visit

www.ThriveWellnessKingston.com



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SAVE WITH A SERIES !

Series of 4	Price
Deep Tissue or Ashiatsu Massage	\$290 Save \$30
Therapeutic or Specialty Massage	\$270 Save \$30
Reiki	\$240 Save \$20
Swedish Massage	\$240 Save \$20
Meditation Coaching	\$240 Save \$20
Detox Ionic Footbath	\$140 Save \$40

P.E.M.F. (Pulsed Electro-Magnetic Field) MAGNETIC THERAPY PACKAGES

P.E.M.F. 10 Pack	\$300
P.E.M.F. for Pets 3 Pack	\$120

SIDE BY SIDE SERVICES

Couples Massage	\$150
Couples Foot Baths	\$90
Couples Guided Meditation	\$80

WEEKLY GROUP CLASSES

Tai Chi	\$18
Tai Chi 8 Pack	\$100 Save \$44
Yoga	\$15
Yoga 10 Pack	\$135 Save \$15

CERTIFICATION CLASSES

Holistic Healthcare Certification 10 levels	\$325/Level
Holistic Nutrition Certification 6 levels	\$325/Level
Continuing Education Credits for Nurses	

HOURS

Monday	By Appointment
Tuesday	9:00 am ~ 8:00 pm
Wednesday	9:00 am ~ 6:00 pm
Thursday	9:00 am ~ 8:00 pm
Friday	9:00 am ~ 6:00 pm
Saturday	10:00 am ~ 5:00 pm
Sunday	Closed

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Download our App or Visit